

Checking your benefits just got easier

MetLife's mobile app puts convenience in the palm of your hands. You can quickly access and manage your benefit information — anytime, anywhere.

Step #1- Download the App

Search “**MetLife US App**” on the iTunes Store® or Google Play® and download the MetLife US Mobile App, or scan these QR codes.

Step #2- Follow the prompts on the screen to begin the set-up and register your account

****IMPORTANT- The group name is SynchronyHR****

Dental Insurance 1

- Find a dentist
- Plan based cost estimator for dental procedures
- View your Plan Summary
- View your claims
- Book an appointment
- Provider reviews and ratings
- Track your brushing and flossing
- View and save ID card

Vision Insurance

- Find a provider

Disability Insurance

- View and update claim information
- Set up direct deposit for benefit payments

Accident & Health

- View coverage details
- Submit claims
- View claim status
- Upload documents

Plus, view your current coverage for Critical Illness Insurance



Navigating life together

[1. Certain features of the MetLife mobile app are not available for some MetLife dental plans.]

Like most group benefit plans, benefit plans offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations, and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.

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